



OLD LIFE

NEW LIFE









**You are Stronger
than you Think**

Renewing the Spirit of Your Mind

Ephesians 4:20-24

20 But you have not so learned Christ,

21 if indeed you have heard Him and have been taught by Him, as the truth is in Jesus:

Renewing the Spirit of Your Mind

Ephesians 4:20-24 (continued)

22 that you put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts,

23 and **be renewed in the spirit of your mind,**

Renewing the Spirit of Your Mind

Ephesians 4:20-24 (continued)

**24 and that you put on the new man
which was created according to God, in
true righteousness and holiness.**

***The New Nature (New Man)
is your true Identity***

v.22) The Old Man

Old (3820) *palaios*

1) old, ancient

2) no longer new, worn by use, the worse for wear, old

Very Important: We are to “Put Off” that which is old and worn out. This points to constant renewal, because everything eventually wears out. In Christ we are to be renewed daily- a constant renewing of our heart, mind, soul and spirit.

v.22) that you put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts

Conduct (391) *anastrophe*

1) manner of life, conduct, behaviour, deportment

Very Important: *By the wording used this is not necessarily pointing out sinful behavior only, but behavior and conduct that is merely “worn out.” This of course could be sin, but it could also mean we need to keep up with God, and what He is doing today.*

Philippians 2:12-13

12 Therefore, my beloved, as you have always obeyed, not as in my presence only, but now much more in my absence, **work out your own salvation with fear and trembling;**

13 for it is God who works in you both to will and to do for *His* good pleasure.

v.23) “*be renewed in the spirit of your mind*”

- ***Renewed***- made new
- ***Spirit***- pneuma (spirit)
- ***Mind***- Nooce (understanding, perceiving, judging, determining- recognizing goodness and hating evil)

Hebrews 1:9 (quoting Ps 45:7)
YOU HAVE LOVED RIGHTEOUSNESS
AND HATED LAWLESSNESS;
THEREFORE GOD, YOUR GOD, HAS
ANOINTED YOU WITH THE OIL OF
GLADNESS MORE THAN YOUR
COMPANIONS."

v.24) and that you put on the new man which was created according to God, in true righteousness and holiness.

Put On (1746) *enduo*

1.to sink into (clothing), put on, clothe one's self

New= *kainos*

Man= *anthropos*

New (2537) *kainos*

1) new

1a) as respects form

1a1) recently made, fresh, recent, unused, unworn

1b) as respects substance

1b1) *of a new kind, unprecedented, novel, uncommon, unheard of*

***God shares His Character and Attributes
with us so we become as He is.***

“be renewed in the life force of your mind”

A life force (spirit) is that which energizes the life of a thing (in this case, the mind). The force that energizes the mind must be renewed. The word “spirit” was used here on purpose. Man has the ability to have his mind driven by carnal (natural) things, or by spiritual (Godly) things. We can have our minds energized by the world around us, or by God. To have our minds driven (energized) by God, we must renew the spirit of our mind.

Conclusion: As we Put Off the Old Man, and Put On the New Man we look more and more like Christ.

John 10:30

I and *My* Father are one.

Jesus could say this because He lived constantly as a New Man.

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